

Christensen Orthodontics Sleep Apnea Informed Consent

The purpose of this memorandum is to inform the patient of the course of events that they may expect during Schwartz treatment. It emphasizes the need for patient cooperation and points out the risks and limitations of Schwartz treatment. You are encouraged to read the following information, ask any questions that come to mind, and then consent to our treatment by initialing and signing this form. This is standard procedure in our practice.

1. TYPICAL SCHWARTZ TREATMENT

SCHWARTZ THERAPY

Schwartz appliance therapy for midfacial development is a relatively new therapy, and not practiced by all dentist and orthodontist. Schwartz appliance therapy has effectively treated many patients. Although there are no guarantees the Schwartz appliance therapy will be effective for you, as everyone we treat is different and there is many factors influencing the development of the maxilla. The full effect of the Schwartz appliance is yet to be determined. It is important to recognize that even when therapy is effective, there may be a period of time before the Schwartz appliance will give you maximum relief of symptoms. The Schwartz appliance is a biometric appliance that tries to mimic normal function and, therefore, encourage normal development of the jaws. Just as your symptoms took time to fully develop, this technique can take a long time to resolve your symptoms. The standard protocol for development is approximately 18 months, but is directly affected by the severity of an individual's case.

TREATMENT TIME/APPOINTMENTS

Follow-up visits can be every few weeks or every couple months. These follow up visits are mandatory to insure proper fit and to assure a healthy condition, as well as maximum, timely development of your mouth and jaw. Following the approximate 16-36 month development protocol, scans and images are required to test the position of your jaw and teeth. Periodic photographic documentation is required. From that point depending on the amount of development, we will reassess your case and treatment.

SLEEP RECORDS

I hereby authorize Christensen Orthodontics to edit, copy, exhibit, publish and distribute any photo for purposes of publicizing or for any other lawful purpose, including the use of the photographs on the Christensen Orthodontics Facebook page or other social media sites. I waive the right to inspect or approve the finished product, including written or electronic copy, wherein any likeness appears. Additionally, I waive any right to royalties or other compensation arising or related to the use of the photographs.

2. WHAT YOU CAN EXPECT DURING TREATMENT

COOPERATION IS ESSENTIAL

Successful treatment can only be obtained with a team effort. In order to complete treatment, with the best results, and in the amount of time on your treatment plan, the patient must do the following:

- Keep Appointments
- Practice good oral hygiene; clean your teeth and appliances after every meal
- Wear appliances as instructed
- Inform office immediately of any broken or loose parts of your appliance

FAILURE TO FOLLOW THE GUIDELINES, INCLUDING ANY INSTRUCTION FROM THE DOCTOR AT THIS PRACTICE, MAY RESULT IN LONGER TREATMENT.

FRENULOPLASTY SURGERY

A frenuloplasty may be diagnosed and recommended during or after orthodontic/Sleep Apnea treatment. Frenuloplasty is a procedure to correct a congenital condition when the lingual (tongue) or labial (lip) frenulum is tight, resulting in restriction of function. If this procedure is needed further discussion will occur.

ORAL SURGERY

Some of the malocclusions are so severe that orthodontics alone cannot obtain adequate results; therefore, jaw surgery may be required in order to achieve acceptable and stable results. Should surgery be indicated, further discussion will occur.

3. ADDITIONAL FEES

DAMAGED APPLIANCES

There is a fee for broken and/or damaged appliances. This is a per appliance fee. The fee is **\$380** for an upper or lower. The Fee is **\$485** for a lower with MAD. The fee is **\$860** for an upper and lower with MAD.

NO CALL NO SHOW

Time is valuable for everyone. Please arrive on time for your appointments so we can ensure that all patients are in and out in their scheduled appointment times. If you are more than 10 minutes late for your appointment, you will be placed on standby or asked to reschedule. It will state in each patients contract, that if you no show your appointment, you will be charged **\$25 NO SHOW FEE**. Please be sure that if you can't make it to your appointment, that you call our office to reschedule or the fee will be charged to your account.

4. POTENTIAL RISKS AND LIMITATIONS OF TREATMENT

SIDE EFFECTS AND COMPLICATIONS OF ORAL APPLIANCE THERAPY

Published studies show that short-term side effects of oral appliance use many include, but are not limited to, excessive salivation, difficulty swallowing with appliance in place, sore jaw, sore teeth, jaw point pain, dry mouth, gum pain, loosening of teeth and short-term changes in the bite. There are also reports of dislodgement of ill-fitting dental restorations. Most of these side effects are minor and resolve quickly on their own or with minor adjustments of the appliance. Long-term complications may include changes in bite may be permanent, resulting from tooth movement, or jaw repositioning (which is the desired effect with appliance therapy). These complications may not be fully reversible once appliance therapy is discontinued. The desired effect of the Schwartz appliance specifically (in most cases) is to remodel the jaw bone, move teeth and jaw position to enhance craniofacial development. If not fully achieved, restorative dental treatment, orthodontic intervention or other treatments may be required, for which you will be responsible.

ALTERNATIVE TREATMENTS

Other acceptable treatments for your condition includes orthodontics by a specialist and/or various surgeries. It is your decision to choose Schwartz appliance therapy to treat your various symptoms, and you are aware there is a possibility it may not be completely effective for you. It is your responsibility to report the occurrence of side effects and to address any questions, to Dr. Christensen. Failure to treat your condition may lead to worsening symptoms.

ACKNOWLEDGEMENT OF INFORMED CONSENT

I hereby acknowledge that the major treatment considerations and potential risks of Schwartz treatment. I have read and understand this form and also understand that there may be other problems that occur less frequently or are less severe, and that the actual results may be different from the anticipated results. I have been presented information to aid in the decision-making process, and I have been given the opportunity to ask Dr. Christensen all questions I have about the proposed orthodontic treatment and information contained in this form.

AUTHORIZATION FOR RELEASE OF PATIENT INFORMATION

I hereby authorize Dr. Christensen and staff to provide other healthcare providers with information regarding the above individual's orthodontic care as deemed appropriate. I understand that once released, Dr. Christensen and staff have no responsibility for any further release by the individual receiving this information.

SURGICAL SUPPLEMENT

If the orthodontic treatment plan includes correction of the malocclusion by orthodontic appliance (braces) therapy in conjunction with orthognathic (corrective jaw) surgery, I understand that oral surgery is necessary in conjunction with the above patient's orthodontic treatment. I authorize Christensen Orthodontics to communicate with the surgeon and release information from the above patient's treatment record to the designated surgeon. I acknowledge that expenses incurred from the surgery are separate from orthodontic treatment expenses, and I will be responsible to the surgeon/hospital for all such expenses.

I understand that if I do not complete the surgical component of the treatment plan that I may have a compromised treatment result and other complications. I hereby agree not to hold Dr. Christensen and staff liable for any compromised treatment resulting from my failure for any reason to follow the treatment plan.

Patient Name (Please Print)

Signature/Patient, Parent or Guardian

Date